

YWCA OF BANGALORE CITY

CONSOLIDATED REPORT

JAN 2023 – JAN 2024

“WeMpower ...LEAVING NO ONE BEHIND”

- **STRENGTHENING COMMUNITY**
- **BUILDING YOUTH**
- **NURTURING NATURE**

<p style="text-align: center;">SUB-THEME</p> <p style="text-align: center;">STRENGTHENING COMMUNITY</p>	<p style="text-align: center;">ACTIVITIES / PROGRAMMES</p> <p style="text-align: center;">IMPACT FROM THE INTERVENTION</p>	<p style="text-align: center;">FOCUS GROUP</p>
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ONGOING PROJECT

DAY CARE CENTRES

Children are provided with **FREE:**

- Quality pre-school education.
- Nutritious meal is provided.
- Medical checkups are done.

Awareness programmes on health, education and social issues for parents too.

- Annual Day programme
- Children visited the Police station.

75 Children are on roll.

Children (3 to 5 year old) in the Day care centres. Their mothers are mostly employed as domestic help.

It is an ideal space for children between 3 years and 6 years.



ALC 1st unit

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KORAMANGALA POLICE STATION

SUB-THEME STRENGTHENING COMMUNITY	ACTIVITIES / PROGRAMMES IMPACT FROM THE INTERVENTION	FOCUS GROUP
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ONGOING PROJECT

**YWCA MANAGEMENT SCHOOL
(KANNADA LOWER PRIMARY SCHOOL)**

Children are provided with **FREE:**

- Education
- Books and uniforms.
- Uniforms & accessories
- Mid-day meals
- Extra-curricular activities
- Health check ups

Awareness programmes for parents too.

- Visit by the members of Rotary club who donated learning materials. **27.06.2023**
- Summer camp for school children.
- Doctors from Government Health centre conducted health check up for the children.
- "Prathiba Karanji" talent competition held by the Education Department for all Govt. Aided schools.

The YWCA Kannada Lower Primary School at Khader Sheriff Garden is a Government aided school founded in 1969.

The school caters to children from 1st to 5th standard with a **total strength of 43 students.**



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<p style="text-align: center;">ONGOING PROJECT</p> <p style="text-align: center;">SUSAMAYA</p> <p style="text-align: center;">DROP IN CENTRE</p>	<p>Children are provided with FREE:</p> <ul style="list-style-type: none"> • Non formal education is provided. (Activities that includes ‘back – to – school’ courses, art and craft classes, recreational activities and out-door sports. They are also taught English and Maths additionally to become self-equipped. • Tuitions (assistance to cope with school homework.) • Mid day meals. • Medical Check-ups. <p>Regular parent – Teacher meetings are also conducted. (Programmes on health and hygiene, importance of education, good practices, etc.)</p>	<p>A centre for children between 8 years – 14 years of age from the marginalised communities.</p> <p>The centre provides learning opportunities that encourages them to go to school regularly.</p>



SUB-THEME

STRENGTHENING COMMUNITY

ACTIVITIES / PROGRAMMES
IMPACT FROM THE INTERVENTION

FOCUS GROUP

ONGOING PROJECT

RANGOLI – ELDERLY CARE

Women are provided with **FREE:**





- **Supplementary food.**
- **Medical** checkups are done.
- **Dry rations** every month.
- **Pension scheme** from the Government.




The Rangoli Unit -1 is a project for the elderly women from marginalized community.



This project was initiated to empower women in their old age and help them to be independent and foster social interaction.

Women make **paper bags and foot mats.**



Strengthening Community Other SPECIAL	ACTIVITIES / PROGRAMMES	DATE	IMPACT FROM THE INTERVENTION	FOCUS GROUP
	1. Visited Arpana School for the Special children.	28.06.2023	An outreach programme. 40 Special children interacted with the members. They were very happy to receive goodies.	Special children and their family members through counselling services.
	2. Visited Geriatric ward of CSI hospital.	22.07. 2023	An outreach programme. 15 elderly members felt very happy with the warmth shown by members.	Senior citizens who are neglected.
	3. Awareness programme on Dengue fever.	28.07.2023	Women were made to understand on how to be careful and avoid mosquito breeding in their areas.	Women from marginalised community.
	4. Awareness programme on fire accidents - causes and remedies.	17.08.2023	Women understood on protecting themselves and their family from fire accidents. They also noted the source to approach for help.	Women from marginalised community.

<p>Strengthening Community Other SPECIAL PROGRAMMES</p>	<p>ACTIVITIES / PROGRAMMES</p>	<p>DATE</p>	<p>IMPACT FROM THE INTERVENTION</p>	<p>FOCUS GROUP</p>
	<p>5. Thursdays in Black.</p>	<p>August month</p>	<p>Parents and staff members received awareness about the sad situation of people in Manipur.</p>	<p>Staff members and mothers of our children in Day care centres.</p>
	<p>6. An awareness programme on "Living will".</p>	<p>30.09.2023</p>	<p>An interesting talk about making a living will was organised for members and friends. 18 members were present.</p>	<p>Speaker: Ms. Lousy Biju, Advocate.</p>
	<p>7. Several programmes observed during the World Week of Prayer along with YMCA and SCMI based on sub themes.</p>	<p>12th - 18th Nov 2023</p>	<p>Inaugural Worship at YMCA, Bangalore.</p> <p>An outreach programme— visit to Street children's home run by YMCA.</p> <p>A talk organised by Student Christian Movement of India.</p> <p>A talk at YWCA of Bangalore City.</p>	<p>Programmes held at:</p> <ul style="list-style-type: none"> i. YWCA of Bangalore City ii. YMCA, Bangalore iii. Students Christian Movement of India.

<p>ON GOING SUB-THEME</p> <p>BUILDING YOUTH</p>	<p>ACTIVITIES / PROGRAMME</p>	<p>DATE OF PROGRAMME</p>	<p>IMPACT FROM THE INTERVENTION</p>	<p>FOCUS GROUP</p>
	<p>Early Childhood Care and Education</p>	<p>1 year certificate course by NIOS, Central Govt project.</p>	<p>Five young women received their certificates on successful completion of ECCE course.</p>	<p>Young women from marginalised community. All passed out students found jobs and are now supporting their family.</p>
	<p>Computer literacy programme:</p>	<p>Basic Computing 6 months certificate Course by NIOS, Central Govt project.</p>	<p>Students are provided with:</p> <p>FREE coaching (Theory and Practical)</p> <p>Preparations to appear for final exams.</p> <p>Spoken English and Life skills sessions by experts.</p> <p>9 students of first batch and 21 students of second batch.</p>	<p>Young women from marginalized sector. Students struggling to complete mainstream education and aspiring to have computer literacy to earn their livelihood.</p>
	<p>RANGOLI -Tailoring Unit</p>	<p>6 months Basic Tailoring certificate course.</p>	<p>Minimal fee is collected; Tassel making and Embroidery is taught additionally.</p>	<p>Young Women interested in vocational training.</p>

SUB-THEME

BUILDING YOUTH

INTERNSHIP PROGRAMME

FOCUS GROUP

Students of Christ
(deemed to be University) were given an opportunity to do their **INTERNSHIP**.

Students of St. Joseph's University doing their Bachelor's of Social Work did their field work for 3 months.

A young artist, Mr. Timothy who runs an Organisation called - **Youth Brigade** for High school students, volunteers his time.



Drop in Centre – Susamaya.

Students pursuing Degree course in **Bishop Cotton Women's College** volunteered to conduct **Bridge classes** in YWCA Management School.

Students pursuing Degree course in **Bishop Cotton Women's College** volunteered to organise **Sports Meet** for children in YWCA Management School.



YWCA Management School.

Students of **Rotary Club** of **Bishop Cotton Women's College** conducted an online - Educational Workshop on **Tech Explore** for members of our YWCA. 25th May 2023.



YWCA Membership

SUB-THEME

BUILDING YOUTH

NETWORKING WITH YOUNG WOMEN

FOCUS GROUP

Visited Bishop Cotton Women's college.

24.08.2023

26 young women became aware of the existence of YWCA of Bangalore City and the programmes initiated in the city under its banner.



Post graduate students from the department of Nutrition and Dietetics. Some showed interest to serve the community through Y.

Independence Day celebrations. 15.08.2023.

Flag hoisting and a message was delivered to the residents.

Christmas celebration 22.12.2023

22 Residents were present.



Hostel residents of our YWCA of Bangalore City.

Nutrition Day

22nd Sept 2023

Students of Smt.VHD Central Institute of Home Science presented nutritious breakfast items to mothers of Day care centre children.



Young students studying in colleges.

Y UNIT	Inauguration of Y Unit 15.12.2023	At Bishop Cotton Women's Degree college.	Students, young women interested to be part of Y W C A Movement attended the programme.
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Making of paper bags for sanitary pads disposal.

The 18 elderly women of our Day care centre earn a small amount through this activity that helps them in buying small eateries and medicines.

RANGOLI DAY CARE CENTRE
For the elderly

18 Elderly women neglect their families in the com



Different activities; through fun and play; watering plants, etc.

Children are made aware about the importance of taking care of nature.

DAY CARE CENTRE
For the children .

75 children are on roll.

<p>NURTURING NATURE</p> <p>Other SPECIAL PROGRAMMES</p>	<p>ACTIVITIES / PROGRAMMES</p>	<p>DATE</p>	<p>IMPACT FROM THE INTERVENTION</p>	<p>FOCUS GROUP</p>
	<p>"Awareness on Menstrual health" PERIOD LOVE# Bleed green.</p>	<p>28.07.2023</p>	<p>Women from the community received awareness on Menstrual Health using eco-friendly products.</p>	<p>Young and middle aged women.</p>
	<p>"Awareness on Menstrual health" PERIOD LOVE# Bleed green.</p>	<p>21.11.2023</p>	<p>60 students attended the programme. Menstrual Health using eco-friendly products were introduced by Ms.Shobha Rander, a volunteer.</p>	<p>A programme conducted for students of Dayananda Sagar College of Dental Sciences.</p>
  		<p>04.11..2023</p>	<p>We had vendors selling eco friendly products; promoting kokedama and composting organic waste.</p>	<p>The public were benefitted. It was a zero plaztic intitiative</p>

OTHER PROGRAMMES



RELIGIOUS PROGRAMME

Lenten Service at St.Peter's church, Bangalore

7th March 2023

Lenten Service

3rd March 2023

World Day of Prayer

YWCA members leading Praise & Worship time at St.Mark's Cathedral.

ONLINE BIBLE QUIZ ON LENT

APRIL 2023 Members participated enthusiastically.

VISITED THE SICK

MAY 2023 It was a blessed time.



SOCIAL PROGRAMMES

An entertainer amusing children.

Collaborated with **Indien Hilfe** and organized a **fun programme** for children of our staff at YWCA of Bangalore City. Children were given a small gift and lunch.



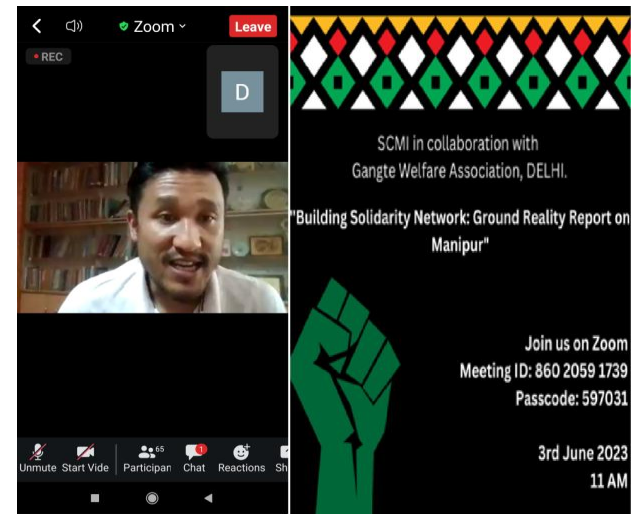
MEMBERSHIP PROGRAMMES

- Members enjoying brain gymn exercises.
- 25th March 2023
- **International Women's Day**
- Session on **Brain Gymn exercises** by
- **Dr.Shobha G, Prof of Human Development, Smt.VHD College of Home Science.**
- Members and staff attended the talk on menopause. Very useful session.
- 24TH APRIL 2023
- **WORLD YWCA DAY 2023**
- A talk on **MENOPAUSE** by :
- **Dr.Mariamamma Jacob, Gynaecologist**



ADVOCACY

- **TURKEY FLOOD RELIEF FUNDS**
- YWCA of Bangalore City raised **Rs.1,85,000/-** and contributed the same to the Turkey Relief Fund in response to the appeal from the YWCA of India.
- Members of YWCA joined the session to support in building solidarity network.
- YWCA participated in the online awareness programme on “Building Solidarity network” in the context of **ETHNIC RIOTS IN MANIPUR** – organised by the Students Christian Movement of India, Bangalore.



FUNDRAISING INITIATIVES

COMMUNITY : WOMEN'S EMPOWERMENT PROGRAMMES.

1. PHENYLE MAKING

Mothers of Day Care centre children prepare phenyle which is on sale for members and friends every month. A percentage of the profit is given to the mothers as their income.

YWCA of Bangalore City provides 60% of the profit to the mothers as making charges and retains 20% to purchase materials.



2. MAKING OF PAPER BAGS

The elderly women make paper bags – for sanitary disposal. These are on sale every month to our YWCA hostels and others outside. These women earn some income for making the bags that helps them buy small eatables, medicines, etc.

YWCA of Bangalore City provides them 80% as profit and retains only 20%.



NOVEMBER FEST – Organised by the Membership on 4th Nov 2023.

Ms.Nandini Harinath, Deputy Director, Chandrayaan -3, ISRO was the chief guest.



We had invited women entrepreneurs to exhibit and sell their products. Our Y Members contributed eatables to the Food court. We are glad we could raise about Rs.4.5 lakhs through this event.